

lunch menu

(served 12-4pm)

Cuan Mor



Chicken & Sweet Chilli	£5.95
Prawn Marie Rose	£5.95
Chicken Ceasar	£5.95
Hoi Sin Duck	£5.95
Creamy Garlic Vegetables	£5.95

All Wraps served with Hand Cooked Sea Salt Crisps and a Wild Leaf Garnish

Chicken & Sweet Chilli	£5.95
Chicken & BBQ	£5.95
Chicken Fajita	£5.95
Chicken and Garlic Mushroom	£5.95
Cuan Mor Seafood Special	£5.95
Vegetables & BBQ Sauce	£5.95

All Enchiladas served with Tortilla Chips and Salsa

Tuna Mayonnaise	£5.95
Smoked Salmon & Prawn Marie Rose	£5.95
C.B.L.T	£5.95
Cheddar Cheese & Pickle	£5.95
Roast Brisket Beef and Pickle Relish	£5.95
Chicken Caesar	£5.95

All Sandwiches served with Hand Cooked Sea Salt Crisps and a Wild Leaf Garnish

Any Half Sandwich & Bowl of Soup for Only £4.95

Espresso	£1.60
Americano	£2.20
Latte	£2.40
Cappuccino	£2.40
Hot Chocolate	£2.50
Irish Coffee	£4.50
Gaelic Coffee	£4.50
Baileys Latte	£4.50
Teas from	£1.50

(wide range of fruit and herbal teas available, please as a staff member)

Why Not Add a Portion of Chips or Onion Rings for Only 75p!

lunch menu

(served 12-4pm)

STAN MOR



Bacon, Brie & Chutney
Tuna Melt
Steak & Cheddar
Prawn Marie Rose
Peppered Steak

All Baguettes served with Hand Cooked Sea Salt Crisps and a Wild Leaf Garnish

Any Half Baguette & Bowl of Soup for Only £4.95

Mexican Chicken, Mixed Pepper & Monterey Jack Style Cheese	£5.95
Atlantic Prawn, Chipotle, Coriander & Monterey Jack Style Chees	£5.95
Smoked Salmon & Garlic Herb Cream Cheese	£5.95
Mixed Pepper, Olive, Tomato Salsa & Monterey Jack Style Cheese	£5.95
Shaved Roast Brisket Beef, Pepper Sauce & Monterey Jack Style Cheese	£5.95

Fish and Chips Cod Fillet served with Hand Cut Chips and a Wild Leaf Garnish	£5.95
Macaroni Cheese Served with Hand Cut Chips	£5.95
Cheese Burger Served with Hand Cut Chips and a Wild Leaf Salad	£5.95
Today's Chicken Curry Served with Coriander and Long Grain Rice	£5.95
Spicy Adobo Chicken Breast Burger Served with Hand Cut Chips and a Wild Leaf Garnish	£5.95
Mussels and Chips Local Mussels in White Wine, Garlic and Herb Sauce	£5.95
Haggis, Neeps & Tatties Served over Turnip and Creamy Mash with a Drambuie Cream Sauce	£5.95

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